



SFMA Level 2

LEARN MORE AT:
www.FunctionalMovement.com

Dysfunctional motor control is a brain problem, not a muscle problem.

The Level 2 course teaches healthcare professionals to train the brain rather than muscles when dealing with a motor control dysfunction. This course emphasizes our 3 R's approach - Reset, Reinforce and Reloading- to restore proper movement. With your SFMA findings, you can prioritize where to start your treatment plan and what the intervention is. There are many great mobility techniques available – SFMA Level 2 addresses the third “R”, Reloading.

WHAT YOU WILL LEARN

- The concepts of Reset, Reinforce, and Reload and where to integrate them into patient care
- Effectiveness of mobility interventions by retesting movement
- Motor control learning principles
- Concept of pattern assistance and its purpose in motor control learning
- Progression of motor control interventions through neurodevelopmental postures

INSTRUCTOR

Greg Dea

WHEN & WHERE

July 14-15, 2018
Beijing, China

For more information or to register, please contact Claire:

wangcan@fun-power.cn